

SA Jagters- en Wildbewaringsvereniging SA Hunters and Game Conservation Association

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*Suid-Afrika se Grootste Bewaringsorganisasie - gefokus op Bewaring deur Volhoubare Benutting
South Africa's Largest Conservation Organisation - focussed on Conservation Through Sustainable Use*

(SG07) 480 SEMI-AUTOMATIC POSTAL LEAGUE

SPORT SHOOTING EXERCISES PROMOTE SKILLS DEVELOPMENT AND DO NOT QUALIFY FOR THE BIG 5 AWARD

1) Introduction

This shooting exercise offers sport shooters with semi-automatic rifles a very challenging shooting exercise that consists of a combination of speed and precision shooting. Firearm skills are also tested in the exercises where magazines must be changed. The exercise consists of 48 shots in 4 exercises.

2) Branches may enter teams in the following categories:

- Juniors: young men and women <18 (becomes 18 during the calendar year in which the competition takes place).
- Women open class (Women >18 and <65)
- Men open class (men >18 and <65)
- Senior men and women (>65)

3) Distance

25 m, 50 m, 75 m, 100 m

4) Shooting Range Safety Rules and Standard Orders

See "Shooting Range Safety Rules for participants" and "Standard Orders on the shooting range" for loading, unloading and safety procedures.

5) Type of firearm

Any centrefire/rimfire semi-automatic rifle



6) Muzzle brakes on semi-automatic rifles

Many semi-automatic rifles are equipped with fixed muzzle -brakes. In this case, the use of muzzle-brakes is an exception and the following rule applies: During all shooting exercises or competitions where centrefire, semi-automatic firearms (with or without muzzle brakes) are used, shottists on the firing point must be at least 1,8 m apart to prevent accidental exposure to ejected shells.

7) Movement between positions

Firearms must be unloaded. All rounds or shells must be out of the chamber. Magazines must be removed and the actions of the rifle must be open when the shottist moves from one shooting position to another.

8) Reloading

After the initial order to load, all further reload actions must take place with ammunition from the shottist's pocket, ammunition belt, mechanical reloaders, special ammo pouch or elsewhere on the person. Back-to-back magazines are allowed as well as rounds in a carry bag, etc. or on the fire arm. It is the responsibility of participants to ensure that they have enough ammunition for each exercise or competition.

9) Sights or telescopes

Any sight-system may be used: open sights as well as telescopes



10) Rifle slings

Not allowed

11) Taking a higher shooting position and medical or physical disability

If a shottist **cannot** assume a prescribed position (due to a medical or physical impairment) or **do not want** to (due to preference) assume such a position, the shottist may take a higher position, but the higher position may not enjoy better support than the lower position. The shooting positions are from the lowest (prone) to the highest (kneeling and standing upright). The range officer must accommodate such a shottist according to circumstances without offering him or her unfair advantage and without compromising anyone's safety. If a shottist believes that s/he has not been fairly, s/he or she must report it to the range officer, that will make a decision in this regard and inform the other shottists of any concessions granted, before proceeding with the exercise.

Example: A shottist **does not want** to and **cannot** assume the prone position with support in front (e.g. in the plains shooting exercise over 200 m in the prone position with limited support in the front only – item 8.1.2) and prefers the sitting position. The shottist may only take the higher shooting (e.g. the sitting position) with similar single support. See item 3.3 for the specific use of a shooting chair in the alternative position.

12) Exercise

SG07-A centrefire semi-automatic; **SG07-B** Rimfire semi-automatic

- Exercise 1: 25 m 6 rounds, 8 seconds, free standing [no support]
- Exercise 2: 50 m 12 rounds, 20 seconds
6 shots, free standing only (no support)
6 shots, free standing only (no support)
- Exercise 3: 75 m 12 rounds, 20 seconds
6 shots, free standing only [no support]
6 shots, free standing only [no support]
- Exercise 4: 100 m 18 rounds, 90 seconds [inclusive of reloading]
6 shots, free standing only (no support)
6 shots, kneeling position
6 shots, sitting position

13) Equal scores

If there are equal scores, the following rules will apply:

- a. The highest number "X" in the result;
- b. With the highest number "X" in the competition; 3 and 4 combined
- c. With the least number of misses
- d. With the least number of shots with the lowest value in the round
- e. With the lowest number of shots on the next round's values

14) Acknowledgement

60% Bronze 288+, 70% Silver 336+, 80% Gold 384+
The maximum score that can be achieved is **480**

15) Target

S05 A1 Full Size

