



PLAINS (SPRINGBUCK) SHOOTING EXERCISE

1. Introduction

The purpose of this exercise is to simulate the hunting of springbuck and similar small antelope over longer distances and in open terrain. It provides the shooter the opportunity of taking part competitively with a relatively small target at distances of 200m and 300m. The rifle must be accurate and the telescope must be clear with sufficient magnification (preferably 10x and more) to allow for good shot placement. This exercise is specifically aimed at shooters who own accurate rifles suitable for plains hunting.

2. Target

The Springbuck target of the SAHGCA will be used. Other targets may be introduced by the Shooting Committee from time to time. The head of the animal may point to the left or right.

3. Universal rules for shooting exercises

See separate document "Universal Rules for Shooting Exercises" – document: J006.34.06E – for description of general (universal) items.

4. Shooting Range Safety Rules and Standard Commands

See "Shooting Range Safety Rules for Participants" and "Standard Commands on the Shooting Range" - document: J006.35.03E – for loading, unloading and safety procedures.

5. Calibre

Any centre fire calibre is allowed.

6. Sights and telescopes

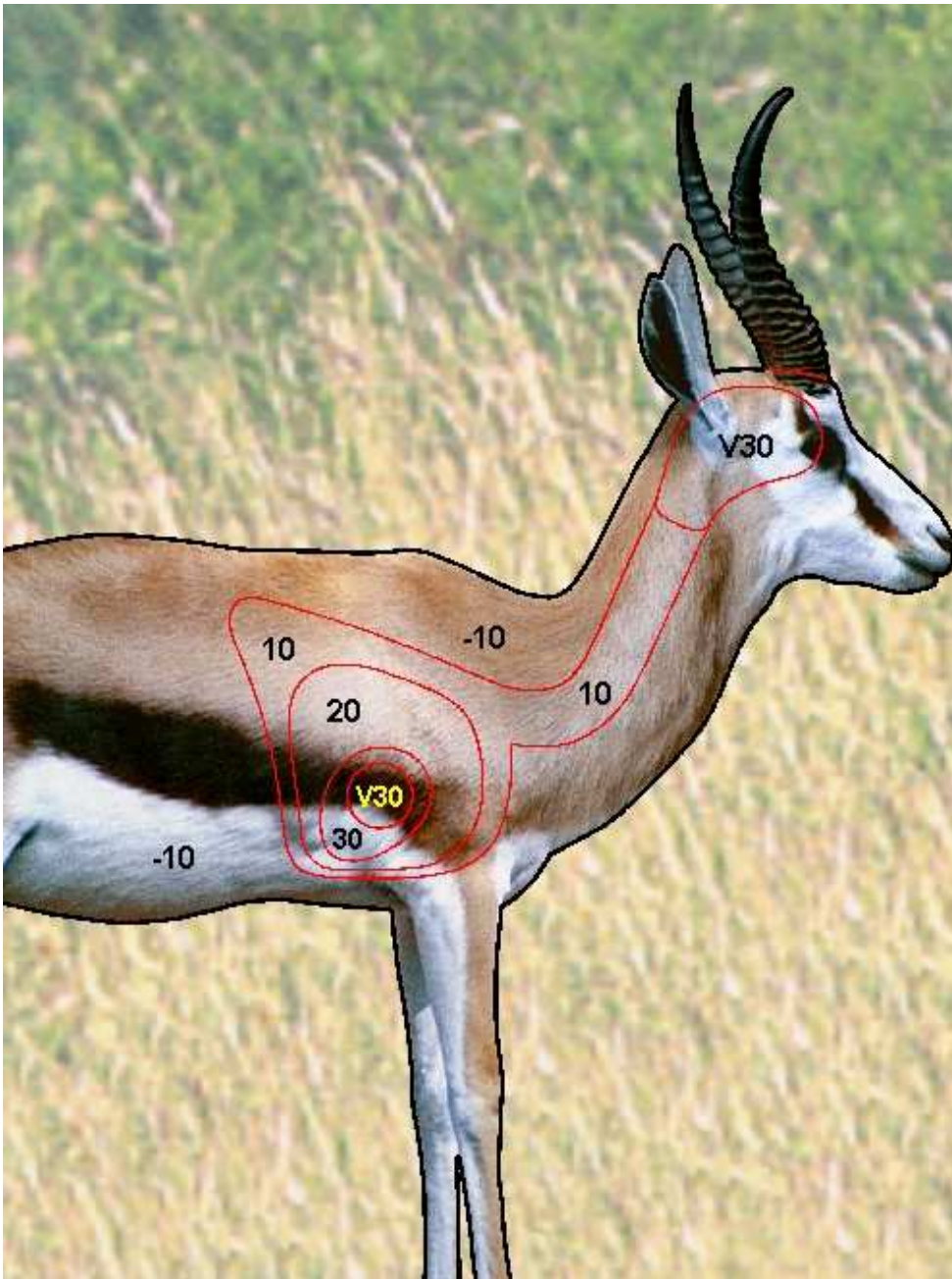
No restrictions on sights and telescopes

7. Exercise (item references refer to the document "Universal Rules for Shooting Exercises")

- a. From **300m three shots** are fired in **120 seconds** in the prone position with limited support in front and back (refer to item 18.1.3).
- b. From **200 meters three shots** are fired in **120 seconds** in the prone position with limited support in front only (refer to item 18.1.2)
- c. From **200 meters three shots** are fired in **120 seconds** in the sitting position with unlimited support (refer to item 18.2.3)

8. Recognition

Shooting badges are available with cut-off points for bronze, silver and gold at **160, 190 and 220** respectively with a maximum score of 270.



Actual size of target: W x H = 680 x 1000mm.

Target areas	W x H mm	Area cm ²	vs Heart
brain/skull	120 x 85	94	160%
heart	86 x 88	58	--
V-heart	51 dia	20	33%
central heart/lung	145 x 154	203	350%
larger heart/lung	185 x 190	344	590%
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Neck vertebra: 45mm wide

Scores are printed on the target.

The actual lines on the target are thin red lines which are not visible at a distance.