

# SA Jagters- en Wildbewaringsvereniging SA Hunters and Game Conservation Association

Plot 3, Mountain Drive 7 / Plot 3, 7 Mountain Drive, Derdepoort  
Posbus / PO Box 1952, Montana Park, 0159  
Tel: (012) 808-9300 Faks / Fax: (012) 808 9344  
E-pos / Email: [admin@sahunt.co.za](mailto:admin@sahunt.co.za) Web: [www.sahunters.co.za](http://www.sahunters.co.za)



*Suid-Afrika se Grootste Bewaringsorganisasie - gefokus op Bewaring deur Volhoubare Benutting*  
*South Africa's Largest Conservation Organisation - focussed on Conservation Through Sustainable Use*

## IGRF LIMITED BOLT ACTION RIFLE

**SPORT SHOOTING EXERCISES PROMOTE SKILLS DEVELOPMENT AND DO NOT QUALIFY FOR THE BIG 5 AWARD**

### 1) Introduction

The IGRF limited bolt action discipline is an approved International bolt action discipline implemented by the IGRF during the 2018 AGM. The discipline can be shot as individuals or in team format in the following classes:

- 1.1) Junior under 25 – a shottist participate in the under 25 year class for the full year in which he/she turns 25
- 1.2) Ladies
- 1.3) Open

### 2) Shooting range safety rules and standard commands

**South Africa:** Use the Shooting range safety rules for participants” and “Standard commands on the shooting range” for loading, unloading and safety procedures, document J006.35.01A.

**International:** Use international shooting range safety rules and commands.

### 3) Sights or scopes

Any sight, open sight or scope may be used. Laser sights which project on the target are not allowed.

### 4) Firearms

Any hunting rifle calibre that may be used legally for hunting of larger game species in England is allowed. The minimum calibre that may be used is .240 with a minimum energy of 1700 ft/pd. In South Africa the equivalent is the .243 calibre and the minimum energy is calculated as the mass of the bullet in grain x muzzle velocity (ft/s) x muzzle velocity (ft/s) divide by 450 400. The energy of an 87 grain .243 calibre bullet at 2967 ft/s is for example 1700 ft/pd. The maximum weight of the firearm, including all fixed accessories eg. bi-pod, suppressor, rifle sling, telescope and an empty magazine (no ammunition), may not exceed 6.5kg. Adjustable stocks (cheek-piece and butt-plate) - eg. GRS rifle stocks will be allowed, but the shottist will not be allowed to make any adjustments to the stock between shooting positions – the necessary adjustments have to be made before the competition and no further adjustments are allowed to the rifle stock for the full 36 shots of the competition. Muzzle brakes are not allowed.

### 5) Exercise:

**A 100m; B 200m; C 300m** (36 scoring shots in total, practice shots are not allowed)

#### 5.1) 100m Exercise from a standing unsupported position:

shoot a string of 6 shots in 4 minutes followed by  
another string of 6 shots in 4 minutes

#### 5.2) 200m Exercise from a sitting position, artificial support not allowed:

shoot a string of 6 shots in 5 minutes followed by  
another string of 6 shots in 5 minutes

**5.2) 300m Exercise from a prone position, with a bi-pod:**

shoot a string of 6 shots in 6 minutes followed by  
another string of 6 shots in 6 minutes

**Notes: 1) No coaching allowed;**

**2) a cooling down period of 5 minutes for rifles at every distance between 6 shot strings is available, if shottists need it.**

**6) Shooting positions and support allowed (use of a rifle sling is always allowed)**

**6.1) Standing unsupported position;**

**6.2) Sitting position:** elbows on knees are allowed, artificial support not allowed;

**6.2) Prone position:** a Harris type bi-pod attached to the rifle stock may be used and it can be removed when not in use (important note: the bi-pod form part of the 6.5 kg weight limit of the rifle). The rifle stock may be supported at the toe on the ground or with the non trigger hand. Sandbags for support and "monopods" at the back of the rifle stock are not allowed.

**7) Shooting gloves**

Light, flexible shooting gloves are allowed – stiff, supporting shooting gloves are not allowed

**8) Scoring administration**

International sport shooting exercises do not qualify for badges.

**9) Target S05 (full size 550 mm wide x 685 mm high)**

